

ASTLEY & TYLDESLEY Cycling Club

MATCH DAY OFFICIALS - FIRST AIDER

Main Purpose

- To provide First Aid as required.

Main Duties

- Ensure fresh, clean water is available.
- Ensure First Aid kits are available, up to date and fit for purpose.
- Ensure riders and officials are made aware of who the First Aider is.
- Practice First Aid as appropriate, providing a swift response.
- Record details of any treatment administered and name of recipient, hand to Event Manager to file away or forward.

Equipment

- First Aid Kit, Water.
- Provision of suitable facilities to practice first aid as appropriate, (e.g. Chair in Officials Cabin).

Dress Code

- Smart Casual (Club Jacket and/or Club Tee Shirt preferred), plus yellow arm band.