

# **ASTLEY & TYLDESLEY Cycling Club**

## **MATCH DAY OFFICIALS - CAPTAIN**

### **Main Purpose**

- To support the Team Manager, and to liaise between Riders and the Team Manager.

### **Main Duties**

- Unlock changing rooms.
- Assist with riders warming up and preparing for the match.
- Conduct toss for starting positions, under Referee's jurisdiction.
- Assist Team Manager with motivation and discipline of riders.
- Lead the 'Three Cheers for the Opposition' chant at the end of the match.
- Lock changing rooms.

### **Equipment**

- Keys for Changing Rooms.

### **Dress Code**

- Smart Casual (Club Jacket and/or Club Tee Shirt preferred) when not racing.
- Club racing colours when racing.