

ASTLEY & TYLDESLEY Cycle Speedway Club

Procedures for dealing with accidents, illnesses and emergencies

This template is to be used to give initial ideas for procedures for dealing with accidents, illness and emergencies.

- Stay calm but act swiftly and observe the situation. Is there danger of further injuries?
- Listen to what the injured person is saying
- Alert the first aider who should take appropriate action for minor injuries
- In the event of an injury requiring specialist treatment, call the emergency services
- Deal with the rest of the group and ensure that they are adequately supervised
- Do not move someone with major injuries. Wait for the emergency medics
- Contact the injured person's parent/carer
- Complete an incident/accident report form

Designated First Aiders

St. John Ambulance Personnel	Match days
Gary Nuttall - Coach	Training sessions
Mike Hack - Coach	Training sessions
Lynda Allen - Coach	Training sessions